



ATC MEMBERSHIP POLICIES

Membership Policies

1. Monthly membership dues and fees are to be paid in advance of each month.
2. Monthly billing statements for membership dues and fees are mailed on the 2nd of each month.
3. Membership dues and fees are considered delinquent on the 16th of the month.
4. Delinquent membership accounts are subject to inactivation. Re-activation of the membership account requires payment of all debits in full.
5. Membership accounts past due that are inactivated are subject to a \$10.00 late transaction/reactivation fee. All dues and fees must be paid in full before an activated member status can be reinstated.
6. A \$30.00 service fee will be charged for returned checks and a \$10 service fee will be charged for EFT decline (checking, savings, and credit cards).
7. All membership status changes must be submitted in writing and are subject to a \$5 status change processing fee. Failure to provide written documentation may result in a lapse of your membership.
8. Any membership may be placed on hold for up to three months maximum for health reasons one time per year. Extensions may be granted by management.
9. Non-use of facility does not relinquish members of their monthly dues and fees. Members will continue to be billed monthly until appropriate procedures for cancellation have taken place.
10. Cancellation of a membership must be submitted in writing. The membership will cancel on the last day of the month in which notice is given.
11. One-day trial memberships are valid one time per person per lifetime.
12. All sales of memberships, merchandise, and services are considered final. There will be no refund for purchases made. Exchanges or adjustments are the sole determination of the Amarillo Town Club.

General Guidelines

1. Members must present membership cards every time you visit the club. ID may be required in the absence of a membership card. Use of a member's card by someone other than the member may result in membership cancellation..
2. Member pictures are required for identification purposes.
3. A valid email address is required for every main member. This email address will be used for official ATC communications, rewards program, and member account sign in.
4. Members and guests are prohibited at all times from soliciting goods and services or distributing materials in or on any Amarillo Town Club premises. This includes, but is not limited to, personal training, swimming lessons, private lessons of any type, and any type of food, drinks, and supplements.
5. Members must leave the facility at closing time.
6. No alcohol, tobacco, or illegal drugs permitted on the premises.
7. The Amarillo Town Club is not responsible for any loss, theft, or damage to personal belongings.
8. The Amarillo Town Club will not store or secure any members' belongings or valuables.
9. Report any loss of personal belongings to an ATC staff member.
10. Damage of ATC property and/or loss of ATC property may be the financial responsibility of the responsible member involved in the damage and/or loss of ATC property.
11. Inappropriate public display of affection is not tolerated.
12. Profanity is not allowed.

Guests

1. Members may bring guests to the club as often as they like. A \$10.00 guest fee will be charged for each guest each time they check-in at each location (Cornell and Hillside). A guest is not allowed to exit the club and re-enter on a single guest fee charge. Each check in requires a guest fee charge. A guest will be charged a \$10.00 fee for an inside facility visit and a second \$10.00 fee for an outdoor pool visit.
2. Guests must register at check-in with the member.
3. Members must be in the club with their guest and are responsible for their guests during the entire visit.
4. The maximum number of guests a member can bring to the club at any one time is limited to 10 people. Management approval is required if a member wants to invite more than 10 guests. A member's request may be denied if the facilities occupancy capacity is reached or for any other safety concern.

Clothing and Hygiene

1. Proper footwear is mandatory. Appropriate athletic closed toed shoes must be worn in all workout areas. Street shoes, boots, sandals, or bare feet are not allowed in workout areas. Bare feet and aqua shoes are allowed in pool areas.
2. Clean workout clothes are required. Management may address unsatisfactory hygiene and corrective action may be required.
3. Please avoid any heavy perfume or cologne.
4. Belt buckles and loose jewelry items can not be worn in workout area as they may damage the equipment or cause injury.
5. Appropriate clothing is required.

Food and Beverages

1. Bottled plastic drink containers are allowed anywhere in the club. Glass bottles are not allowed in any workout area for safety reasons.
2. Please consume food items and cup drinks in the lounge area. Snow cones are for outside pool area only.

Lockers

1. All lockers are available on a first come basis.
2. All day use lockers can be locked with a customer provided padlock to provide optimal security.
3. Day use lockers must be cleaned out by member prior to leaving the club daily and locks removed.
4. All rental lockers are rented on a monthly basis and monthly charges are placed on member's account.
5. Rental lockers must be cleaned out at the time of a club membership cancellation or locker rental cancellation.
6. Lockers occupied without the permission of ATC or not properly rented from ATC will have their locks removed and their contents confiscated and discarded. ATC is not responsible for loss of personal property.
7. The member is fully responsible for all personal belongings brought into the Amarillo Town Club. ATC is not responsible for any loss or theft of or damage to such belongings.

Code of Conduct

1. The Amarillo Town Club employees and members shall respect each other as human beings.
2. The Amarillo Town Club employees and members shall show proper respect and consideration for each other, regardless of position or station. Discriminatory treatment, harassment, abuse, or intimidation will not be tolerated.
3. The Amarillo Town Club employees and members are expected to conform to the policies of the Amarillo Town Club and exercise sound judgments. Any difference of opinion in judgment should be referred to appropriate management levels for resolution in accordance with standard grievance procedures.
4. The Amarillo Town Club employees and members are expected to comply with all Amarillo Town Club safety rules, regulations, and standards.
5. The Amarillo Town Club strives to maintain an environment free from all forms of sexual harassment or intimidation. By way of example, unwelcome sexual advances, request for sexual favors and other verbal or physical conduct of this nature are serious violations of the code of conduct and will not be condoned or permitted.

6. The Amarillo Town Club promotes a drug and alcohol free environment in accordance with its policies.

Facility Age Restrictions and Rules

Members 16 years of age and older are allowed in all authorized areas of the facility, unless noted otherwise. Parents are responsible for their children’s actions and behaviors in the Amarillo Town Club at all times. Parental supervision is expected for all children in the club at all times.

AMARILLO TOWN CLUB YOUTH AGE RESTRICTIONS			
	6 MTHS - 11 YEARS OLD	12 - 15 YEARS OLD	16+ YEARS OLD
KIDS CORNER	6 MTHS - 7, ALLOWED		
PERFORMANCE CENTER	ALLOWED W/ PARENT	ALLOWED W/ PARENT	ALLOWED
TRACK	ALLOWED W/ PARENT	ALLOWED	ALLOWED
INDOOR POOLS	ALLOWED W/ PARENT	ALLOWED W/ PARENT	ALLOWED
GROUP EXERCISE		ALLOWED W/ PARENT	ALLOWED
WEIGHT FLOOR			ALLOWED
CIRCUIT AREA		ALLOWED W/ XTEEN PASS	ALLOWED
CARDIO EQUIPMENT		ALLOWED W/ XTEEN PASS	ALLOWED

Machine Weight Training Area–Cornell and Southwest

No member under the age of 12 years is allowed in the Weight Training Area. Equipment in these areas may cause injury. Members 12-15 years are allowed to work out with the weight machines after completing the ATC Xteen class and passing a simple post-test of exercise guidelines. Upon completion, a wristband will be issued to be worn and displayed when in any Weight Training Area. Lost Xteen wristbands must be replaced at a cost to the member of \$2.00.

1. Return and rack weights when finished.
2. Wipe off equipment when finished.
3. Do not drop weights on the gym floor.
4. Do not monopolize pieces of equipment while others are waiting.
5. Allow others to share equipment (work-in) while resting between sets.

6. Keep hands/feet away from all moving parts and weight stacks.
7. Do not attempt to repair or adjust any equipment that has malfunctioned.
8. Report any equipment problems immediately to the staff.

Free Weight Area–Cornell and Southwest

No one under the age of 16 is allowed in the Free Weight Area.

1. Return and rack weights when finished.
2. Do not drop weights on the gym floor.
3. Do not monopolize pieces of equipment while others are waiting.
4. Allow others to share equipment (work-in) while resting between sets.
5. Keep hands/feet away from all moving parts and weight stacks.
6. Do not attempt to repair or adjust any equipment that has malfunctioned.
7. Report any equipment problems immediately to the staff.
8. Always use a spotter when attempting maximum weights.
9. Please use collars and clips for “free bar” lifting.
10. Wipe off equipment when finished.

Cardio Workout Area–Cornell and Southwest

No member under the age of 12 years is allowed in the Cardio Workout Area. Equipment in these areas may cause injury. Members 12-15 years are allowed to work out in the Cardio Workout Area after completing the ATC Xteen class and passing a simple post-test of exercise guidelines. Upon completion, a wristband will be issued to be worn and displayed when in the Cardio Workout Area. Lost Xteen wristbands must be replaced at a cost to the member of \$2.00.

1. Wipe off equipment when finished.

2. Do not attempt to repair or adjust any equipment that has malfunctioned.
3. Report any equipment problems immediately to the staff.

Indoor Track Area—Cornell

Under age members not qualifying for an ATC Xteen wristband must obtain permission from ATC staff and be under direct parental supervision. Members 12-15 years of age are allowed on the Indoor Track. Safety of young members is priority one! Inappropriate behavior or unsafe practices will result in loss of track privileges.

Group Exercise Areas—Cornell and Southwest

No member under the age of 12 is allowed in Group Exercise classrooms. Members 12-15 must be accompanied by a parent or guardian 16 years of age or older.

1. Group exercise rooms must be reserved and scheduled with the front desk for any member's personal use other than ATC scheduled classes or events.
2. Members can reserve the group rooms for a maximum time of 1 hour. Extended times will require prior management approval.
3. Member use restricted during ATC scheduled activities.

Performance Center—Cornell

1. Floor space is available according to the ATC Performance Center schedule.
2. Members under the age of 16 must be accompanied by an adult and engaging in a structured fitness routine or be participating in an ATC-sponsored program.
3. All equipment is specific to the Performance Center and may not be removed from the designated areas.
4. All equipment shall not be modified from its original intent.
5. No sports equipment allowed unless part of an ATC-sponsored program.
6. No food or drinks allowed. Water only.

7. Member use restricted during ATC scheduled activities.

Dressing Rooms–Cornell and Southwest

Specific rules pertaining to these areas are posted in the Dressing Rooms. Small children may accompany the same sex parent in the Dressing Rooms. At no time is an opposite sex child to enter the Dressing Rooms. Family dressing rooms are provided for parents and opposite sex children at the Cornell location. A restroom is provided in Kid's Corner for parents and opposite sex children at Southwest.

Steam Rooms and Spas–Cornell and Southwest

1. Limit your time in the steam room to a maximum of 10 minutes.
2. Because of the high temperature and high humidity, the steam room can be dangerous to your health. We recommend that you consult your physician before you use the steam room. Those who are pregnant and those with certain medical conditions should avoid exposure to high heat and humidity.
3. No food or drink allowed in steam room.
4. Please shower before entering.
5. Swimsuits or towels are mandatory.
6. No lifeguard on duty for spas.
7. Children under the age of 16 are not permitted in the Steam Room or Spa.

Aquatics Center Lobby–Cornell

1. Lobby must be reserved and scheduled with the front desk for any group activities related to a member's personal use, such as parties or meetings.
2. Member use restricted during ATC scheduled activities.

Lap Pool–Cornell

Children should not use the Lap Pool without adult supervision. Members under the age of 16 years must be accompanied by a parent or guardian 16 years or older.

1. No lifeguard on duty.

2. Children should not use pool without adult supervision.
3. No running on deck.
4. No flips or diving from the deck. Entry into pool must be feet first only.
5. Do not sit or play on lane ropes. Lanes are not for free play.
6. Do not swim across lane ropes.
7. Please do not ride on shoulders, push others into water from deck, jump on each other, or hold each other underwater.
8. Members may use flotation devices with respect to other members.
9. Swimsuits are mandatory.
10. Lane sharing is mandatory during all peak swim times.
11. No loud or noisy free play.
12. No food, drinks, or gum, in pool area.
13. All children not toilet trained must wear swim diapers.
14. No recreational use.
15. Member use restricted during ATC scheduled activities.

Training Pool–Cornell

Children should not use the Training Pool without adult supervision. Members under the age of 12 years must be accompanied by a parent or guardian 16 years or older.

1. No lifeguard on duty.
2. Children should not use pool without adult supervision.
3. No running on deck.
4. No flips or diving from the deck. Entry into pool must be feet first only.

5. Please do not ride on shoulders, push others into water from deck, jump on each other, or hold each other underwater.
6. Members may use flotation devices and water toys with respect to other members.
7. Swimsuits are mandatory.
8. No loud or noisy free play.
9. No food, drinks, or gum, in pool area.
10. All children not toilet trained must wear swim diapers.
11. Member use restricted during ATC scheduled activities.

Outdoor Pool–Cornell and Southwest

Children should not use the outdoor pool without adult supervision. Members under the age of 12 years must be accompanied by a parent or guardian 16 years or older.

1. No outside food or drinks allowed
2. No coolers of any type allowed.
3. Do not distract the Lifeguards.
4. No running on deck.
5. No flips or diving from the deck. Entry into pool must be feet first only.
6. Do not sit or play on ropes separating slide areas.
7. Do not ride on shoulders, push others in, jump on each other, hold each other underwater, or other unsafe activities.
8. Members may use flotation devices and water toys with respect to other members. Flotation devices must be kept clear from the sides of pool, diving board area and slides. All flotation devices are subject to approval by management. No standing upright on flotation devices. No rafts.
9. Swimsuits are mandatory. No cut-off pant wear is allowed.
10. No water guns are allowed.

11. No athletic equipment – including balls – are allowed.
12. NON-Service Animals are prohibited. No pets allowed in the Outdoor Pool areas.
13. Swimmers must remain in area of the pool that matches their swimming abilities. Lifeguards may require a swimming test of any person.
14. No glass containers of any kind.
15. No gum.
16. All children not toilet trained MUST wear swim diapers.
17. Changing diapers within 6 feet of the water feature is prohibited.
18. Use of the water feature if ill with a contagious disease is prohibited.
19. Do not drink water from the water feature.

Weather Related Pool Closing Policy

The Outdoor Pool will CLOSE for the following reasons:

- Temperature is less than 75 degrees.
- Lightning, rain, or other weather conditions that are unfavorable or unsafe.
- Mechanical failure/water balance problems.

Temperature Protocol

Anytime the forecasted high temperature is less than 75 degrees, the Outdoor Pool will not open. If the temperature has not reached 75 degrees by 3:00pm the Outdoor Pool will remain closed for the day. The forecasted high temperature will be determined by calling the Time & Temperature Service.

Bad Weather Protocol

- Lifeguards will be put on weather alert where all guards will stand and be prepared to clear the pool when lightning is sighted or when the order comes from management.
- When lightning is sighted, all guards will blow ONE LONG WHISTLE and clear the pool in a calm manner. All patrons will be asked to congregate under covered areas.
- The water will remain closed for 15 MINUTES as long as no additional lightning is sighted within that 15 minute period. A decision will be made by management whether the pool will close for the day.

Kid's Corner/Child Care

1. Members may use the services of ATC childcare free of charge for the children who are enrolled on their membership.
2. Total number of children allowed in the childcare area is usually a maximum of 25 children and can be further limited by management as warranted by the situation.
3. The maximum allowed time for any one child to stay in the childcare area is 1 ½ hours per visit and per day.
4. Childcare services are generally for children between the ages of 6 weeks and 7 years of age.
5. Non- member children that are guest of members must pay the usual guest fee.
6. Members cannot use child care services for non-member children that are under their care for “babysitting services”. Members requiring the situational use of childcare services for non-member children under their care must obtain prior approval from management before using childcare services of the club.
7. Adult parents/guardians must remain on ATC premises at all times while children/members are using childcare services.
8. Parents must check-in when they bring their children to Kid’s Corner and designate their location within the gym if the nursery attendant happens to need them.
9. Two tags will be issued during check in. One is to be placed on the child, the other is to be kept by the parent and handed in for identification upon pick-up. If the tag is lost during the visit, the parent or guardian will need to provide photo identification.
10. ATC child care staff must be provided with all materials necessary for the needs of the child. All belongings should be properly labeled. ATC is not responsible for lost or stolen items.
11. To prevent unwanted sharing of food and or choking hazards no food or snacks are allowed in childcare area.
12. Water bottles, sippy cups, or “no- spill” cups are permitted if they are labeled.
13. Parents and children are welcome to use our café area for snacks or meals.
14. ATC reserves the right to deny or terminate child care services for any reason including, but not limited to the following:

- Overcrowding
- Suspected illness
- Behavioral issues
- Unresolved distress of child

15. For the health of other children and staff members, a child should not participate in Kids' Corner if exhibiting any of the following symptoms:

- Fever within the last 24 hours
- Vomiting or diarrhea
- Unclear runny nose
- A sore throat
- Persistent cough or Croup
- Any unexplained rash
- Any skin infection-ringworm, impetigo, etc.
- Pink eye or other eye infections, etc
- Symptoms of the usual childhood diseases such as chickenpox, measles, mumps, etc

16. Kid's Corner is not a licensed program regulated by the state.

FOR QUESTIONS REGARDING AMARILLO TOWN CLUB POLICIES, PLEASE INQUIRE AT THE CLUB.