

HOW TO CHOOSE THE RIGHT SWIM CLASS FOR YOUR CHILD.



Every child should learn how to swim. But how do you know if your child is ready or which class to choose? Children should take a class that is age and developmentally appropriate. No matter your child's age, it's never too late to get their feet wet!

This simple flowchart will help you decide which Amarillo Town Club swim class is right for your child.

How old is your child?

6-18 Months

All children ages 6-18 months should be introduced to the following water concepts:

Water Babies

course is a pre-swimming class with parent participation. This course familiarizes young children with the water and also trains parents in water safety and drowning prevention.

Result:

Basic Water Safety and Familiarity

18-48 Months

To reinforce the Water Babies curriculum, children ages 18-48 months should be introduced to the following concepts:

The Parent and Child

provides a fun atmosphere while building confidence in the water. The course focuses on the fundamentals of blowing bubbles, underwater exercises and buoyancy. Some basic swim elements, such as front and back glide with support, are incorporated.

Result:

Gain Confidence in The Water

4 Years and Older

What is your child's current swimming ability?

My child **CANNOT** swim the width of the training pool with his/her head above the water.

My child **CAN** swim the width of the training pool with his/her head above the water.

Level 1

Result:

Swim Width of Training Pool

Can your child successfully swim the length of the training pool with his/her head above the water?

NO

YES

Level 2

Result:

Swim Length of Training Pool

Private Lessons or Swim Camp

Upon the completion of the Level 2 program, your child will become a confident swimmer. If you wish to further educate your child on swimming techniques, consider progressing to the next level with Private Swim Lessons or the ATC Swim Camp.